S.O.T. SYSTEMS OF TIMOR

S.O.T. Systems of Timor

+67077192122

Rua de Ai Meti Laran, Comoro, Dom Aleixo, Dili

JOB PROFILE

Disability support worker

Traballadór apoiu ba ema ho defisiénsia

Health & care · ISCO-08 5322

Disability support workers help people with disabilities with daily life, at home and in the community: washing and dressing, moving around, meals, and getting to appointments. The government plans more support for families who care for people with disabilities, and rehabilitation centres in every municipality in future.

TRAIN IN TIMOR	**Certificate III** Community Services, INDMO national certificate
COURSE LENGTH	**To confirm** No published source yet
IN TIMOR	**To confirm** No demand data for Timor yet
ABROAD	**Australia · PALM (aged care)** Aged care is the closest route
PAY IN TIMOR	**US$200 / month** Average for all service & sales workers in Timor-Leste, not this job alone (Labour Force Survey 2021)

WHAT YOU DO

Personal care: Help people wash, dress and use the toilet; Help people eat and drink; Respect each person's privacy and choices.

Moving and health: Help people get up, sit, walk or use a wheelchair; Remind people to take their medicines; Notice changes in health and tell the family or a nurse.

Home tasks: Make simple meals; Keep the room and clothes clean; Help with shopping and errands.

Company and community: Talk with people and keep them company; Go with people to appointments, church or events; Give support and encouragement to the person and the family.

Based on the ILO description of ISCO-08 unit group 5322, Home-based personal care workers.

WHERE YOU WORK

People's homes (Supporting one person and the family); Rehabilitation centres (National Rehabilitation Centre; more planned); Care homes (For people who need care every day); In the community (Going out with the person you support).

The work is physical and emotional. You may help lift people, work early, late or at weekends, and stay with people at difficult times.

The current government plans programmes to support families and communities that care for people with disabilities, and better services at the National Rehabilitation Centre.

IS IT FOR ME?

You are good at: Patience, Being kind and respectful, Listening, Physical work, Keeping things private.

You like: Looking after people, Helping people live their own way, A different day every day, Working closely with families.

English is needed to work in Australia.

TRAIN FOR IT IN TIMOR-LESTE

- **Certificate III in Community Services** · INDMO national certificate
- **Disability units in the national aged-care qualification** · Planned with APTC in 2022. Status to confirm.

The list of national certificates we have is incomplete. Course length, entry rules and fees: to confirm with INDMO and each centre. The directory never shows a number without a source.

WHERE IT LEADS

- **Personal care worker** · Daily care for old and sick people (ISCO 5321 / 5322)
- **Disability support worker** · Certificate III in Community Services
- **Social or community worker** · Community work (ISCO 2635 / 3412)

WORK ABROAD, SAFELY

- **Australia: Pacific Australia Labour Mobility** · Our sources show no PALM jobs in disability care for Timorese workers yet. The closest route is aged care: one aged-care provider in Alice Springs has hired 23 Timorese personal care workers through PALM. APTC planned disability units for Timor-Leste's national aged-care qualification. Employers must pay at least the Australian award rate.
- **Australia: Pacific Engagement Visa** · Australia's Pacific Engagement Visa allows any occupation, but you need a job offer from an Australian employer first.

Never pay a fixer. Join only through SEFOPE, the Timor-Leste government office for work abroad. No one can sell you a place, and a real overseas job never asks you for a recruitment fee.

SOURCES

1. ILO, ISCO-08 unit group 5322 Home-based personal care workers https://www.ilo.org/public/english/bureau/stat/isco/isco08/
2. APTC, Timor-Leste Skills Strategy 2022: Annex I (INDMO titles) and Annex II (aged-care qualification with disability units) https://24045200.fs1.hubspotusercontent-na1.net/hubfs/24045200/Files/Timor-Leste%20Skills%20Strategy%202023.pdf
3. Programme of the IX Constitutional Government 2023–2028 (18 Jul 2023), §2.3.4 other vulnerable groups https://timor-leste.gov.tl/wp-content/uploads/2023/07/EN-Programa-IX-Governo.pdf
4. Territory Q, Timorese aged-care and kitchen staff in the NT, 1 Jul 2026 https://territoryq.com.au/caring-hands-from-across-the-sea/
5. PALM Approved Employer Guidelines v2.1 (pay at the award rate), 27 Mar 2026 https://www.palmscheme.gov.au/sites/default/files/2026-03/PALM%20scheme%20Approved%20Employer%20Guidelines%20v2.1.pdf
6. Pacific Engagement Visa: any occupation, job offer needed (employer fact sheet 2025) https://pev.gov.au/sites/default/files/2025-02/PEV%20for%20Employers%20Fact%20Sheet_2025.pdf
7. Labour Force Survey 2021, Table 29: average monthly wage of employees by occupation group https://www.ilo.org/sites/default/files/wcmsp5/groups/public/%40asia/%40ro-bangkok/%40ilo-jakarta/documents/publication/wcms_863064.pdf

From the Servisu jobs directory. Every figure has a source; "to confirm" means none yet. http://servisu.oftimor.com/jobs-directory/disability-support-worker/?lang=en